

- I IX
 , 18-20.02.2019

18.02.2019 1 , 50m (15-16)

: FINA 2018

	/	R.T		
1.	2004 II -	30.70	I	556
2.	2004 I -	30.86	I	547
3.	2003 I - -	31.51	I	514
4.	2003 I - -	31.74	I	503
5.	2003 I	32.03	II	489
6.	2004 I	32.36	II	475
7.	2003 I	32.46	II	470
8.	2004 II -	33.60	II	424
9.	2004 II - -	33.76	II	418
10.	2003 II	34.41	II	395
11.	2003 II - -	34.49	II	392
12.	2004 III	36.90	III	320
13.	2004	37.67	III	301
14.	2003 III	39.56		260
15.	2003	39.69		257

18.02.2019 2 , 50m (13-14)

: FINA 2018

	/	R.T		
1.	2006 I	36.20	II	495
2.	2005 II - -	39.00	II	396
3.	2006 II	41.63	III	325
4.	2005 II	42.60	III	303
5.	2006 III	43.03	III	294
6.	2005 II	44.14	III	273
7.	2006 III	44.84		260
8.	2006	45.30		252
9.	2006 II	45.31		252
10.	2006 III	47.94		213

- I IX
 , 18-20.02.2019

18.02.2019 3 , 200m (15-16)

: FINA 2018

								R.T			
1.			2004 I					1:59.57	I		573
	50m:	27.97	27.97	100m:	58.79	30.82	150m:	1:29.05	30.26	200m:	1:59.57 30.52
2.			2003 I					2:00.45	I		561
	50m:	27.78	27.78	100m:	57.83	30.05	150m:	1:28.80	30.97	200m:	2:00.45 31.65
3.			2004 I					2:02.19	I		537
	50m:	26.32	26.32	100m:	57.03	30.71	150m:	1:29.19	32.16	200m:	2:02.19 33.00
4.			2003 I					2:02.42	I		534
	50m:	27.76	27.76	100m:	58.47	30.71	150m:	1:29.88	31.41	200m:	2:02.42 32.54
5.			2003 I					2:03.16	I		525
	50m:	27.47	27.47	100m:	57.97	30.50	150m:	1:30.58	32.61	200m:	2:03.16 32.58
6.			2004 I					2:03.44	I		521
	50m:	27.45	27.45	100m:	58.28	30.83	150m:	1:30.65	32.37	200m:	2:03.44 32.79
7.			2004 I					2:03.93	I		515
	50m:	26.87	26.87	100m:	57.93	31.06	150m:	1:30.68	32.75	200m:	2:03.93 33.25
8.			2003 I					2:04.40	I		509
	50m:	28.46	28.46	100m:	59.64	31.18	150m:	1:31.74	32.10	200m:	2:04.40 32.66
9.			2003 II					2:06.13	I		489
	50m:	28.48	28.48	100m:	1:00.19	31.71	150m:	1:33.77	33.58	200m:	2:06.13 32.36
10.			2003 II					2:06.89	II		480
	50m:	29.28	29.28	100m:	1:01.28	32.00	150m:	1:34.19	32.91	200m:	2:06.89 32.70
11.			2004 II					2:08.56	II		461
	50m:	29.48	29.48	100m:	1:02.00	32.52	150m:	1:35.55	33.55	200m:	2:08.56 33.01
12.			2003 I					2:10.27	II		443
	50m:	29.95	29.95	100m:	1:03.26	33.31	150m:	1:36.72	33.46	200m:	2:10.27 33.55
13.			2003 I					2:10.35	II		443
	50m:	28.45	28.45	100m:	1:00.42	31.97	150m:	1:34.88	34.46	200m:	2:10.35 35.47
14.			2003 II					2:11.03	II		436
	50m:	30.55	30.55	100m:	1:03.47	32.92	150m:	1:37.43	33.96	200m:	2:11.03 33.60
15.			2003 II					2:11.38	II		432
	50m:	28.64	28.64	100m:	1:01.48	32.84	150m:	1:36.90	35.42	200m:	2:11.38 34.48
16.			2003 II					2:12.89	II		418
	50m:	29.96	29.96	100m:	1:03.75	33.79	150m:	1:39.10	35.35	200m:	2:12.89 33.79
17.			2003 II					2:13.68	II		410
	50m:	30.81	30.81	100m:	1:04.09	33.28	150m:	1:38.73	34.64	200m:	2:13.68 34.95
18.			2003 II					2:14.34	II		404
	50m:	31.49	31.49	100m:	1:05.69	34.20	150m:	1:40.16	34.47	200m:	2:14.34 34.18
19.			2004 II					2:15.78	II		391
	50m:	31.58	31.58	100m:	1:05.39	33.81	150m:	1:40.45	35.06	200m:	2:15.78 35.33

" (25)

"ALT-Timing"

- I IX
18-20.02.2019

3, 200m		(15-16)				R.T	
20.	50m: 29.96 29.96	100m: 1:04.26 34.30	150m: 1:41.34 37.08	200m: 2:17.46 36.12	2004 II	2:17.46	II 377
21.	50m: 30.14 30.14	100m: 1:04.07 33.93	150m: 1:40.97 36.90	200m: 2:18.33 37.36	2003 II	2:18.33	II 370
22.	50m: 31.85 31.85	100m: 1:08.17 36.32	150m: 1:46.48 38.31	200m: 2:22.81 36.33	2004 II	2:22.81	III 336
23.	50m: 31.61 31.61	100m: 1:08.66 37.05	150m: 1:46.89 38.23	200m: 2:22.93 36.04	2004 RedSwimClub	2:22.93	III 336
24.	50m: 29.68 29.68	100m: 1:06.07 36.39	150m: 1:47.04 40.97	200m: 2:23.63 36.59	2004 II	2:23.63	III 331
25.	50m: 34.11 34.11	100m: 1:12.54 38.43	150m: 1:52.26 39.72	200m: 2:29.28 37.02	2003 II	2:29.28	III 294
26.	50m: 32.09 32.09	100m: 1:09.29 37.20	150m: 1:50.75 41.46	200m: 2:32.57 41.82	2004 RedSwimClub	2:32.57	III 276
27.	50m: 33.77 33.77	100m: 1:12.40 38.63	150m: 1:54.91 42.51	200m: 2:34.67 39.76	2003 RedSwimClub	2:34.67	III 265
DSQ	50m: 32.96 32.96	100m: 1:11.15 38.19	150m: 1:52.55 41.40		2003 RedSwimClub		

4, 200m (13-14)
18.02.2019

: FINA 2018

4, 200m		(13-14)				R.T	
1.	50m: 31.67 31.67	100m: 1:07.44 35.77	150m: 1:44.74 37.30	200m: 2:21.01 36.27	2005 I	2:21.01	I 480
2.	50m: 32.18 32.18	100m: 1:08.31 36.13	150m: 1:46.22 37.91	200m: 2:22.69 36.47	2005 I	2:22.69	II 463
3.	50m: 34.13 34.13	100m: 1:12.31 38.18	150m: 1:51.13 38.82	200m: 2:29.08 37.95	2006 II	2:29.08	II 406
4.	50m: 35.03 35.03	100m: 1:13.47 38.44	150m: 1:53.37 39.90	200m: 2:31.44 38.07	2006 II	2:31.44	II 387
5.	50m: 34.04 34.04	100m: 1:12.95 38.91	150m: 1:53.91 40.96	200m: 2:32.30 38.39	2006 II	2:32.30	II 381
6.	50m: 35.50 35.50	100m: 1:14.02 38.52	150m: 1:54.02 40.00	200m: 2:32.45 38.43	2005 II	2:32.45	II 380
7.	50m: 32.98 32.98	100m: 1:10.74 37.76	150m: 1:52.16 41.42	200m: 2:33.68 41.52	2006 II	2:33.68	II 371
8.	50m: 36.33 36.33	100m: 1:16.86 40.53	150m: 1:58.86 42.00	200m: 2:38.90 40.04	2006 RedSwimClub	2:38.90	III 335

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

4, , 200m				(13-14)				R.T	
9.	, ,	2006 II						2:40.32	III 326
50m:	36.15 36.15	100m: 1:17.33	41.18	150m: 1:59.29	41.96	200m: 2:40.32	41.03		
10.	, ,	2006 III						2:53.11	III 259
50m:	36.77 36.77	100m: 1:20.91	44.14	150m: 2:07.81	46.90	200m: 2:53.11	45.30		
11.	, ,	2006 III						2:53.86	III 256
50m:	38.75 38.75	100m: 1:23.24	44.49	150m: 2:09.37	46.13	200m: 2:53.86	44.49		
12.	, ,	2005 RedSwimClub						2:57.96	238
50m:	36.78 36.78	100m: 1:21.21	44.43	150m: 2:09.38	48.17	200m: 2:57.96	48.58		
13.	, ,	2005 II						3:01.45	225
50m:	38.12 38.12	100m: 1:25.50	47.38	150m: 2:14.57	49.07	200m: 3:01.45	46.88		
14.	, ,	2006 III						3:06.68	206
50m:	39.13 39.13	100m: 1:27.83	48.70	150m: 2:17.99	50.16	200m: 3:06.68	48.69		
DSQ	, ,	2006 III						-	
50m:	34.02 34.02	100m: 1:51.26	1:17.24	150m: 2:29.60	38.34				
EXH	, ,	2006 III						2:30.96	II 391
50m:	34.79 34.79	100m: 1:13.70	38.91	150m: 2:30.96	1:17.26	200m: 2:30.96			

5 , 100m (15-16)
 18.02.2019

: FINA 2018

								R.T	
1.	, ,	2004						56.87	635
50m:	27.90 27.90	100m: 56.87	28.97						
2.	, ,	2004 I						1:01.82	I 494
50m:	30.13 30.13	100m: 1:01.82	31.69						
3.	, ,	2003 I						1:02.44	I 480
50m:	29.89 29.89	100m: 1:02.44	32.55						
4.	, ,	2003 I						1:02.83	I 471
50m:	29.79 29.79	100m: 1:02.83	33.04						
5.	, ,	2004 II						1:02.96	I 468
50m:	29.94 29.94	100m: 1:02.96	33.02						
6.	, ,	2004 I						1:04.06	I 444
50m:	30.83 30.83	100m: 1:04.06	33.23						
7.	, ,	2004 I						1:04.81	II 429
50m:	31.05 31.05	100m: 1:04.81	33.76						
8.	, ,	2003						1:10.61	II 332
50m:	33.78 33.78	100m: 1:10.61	36.83						

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

5, , 100m , (15-16)									
		/				R.T			
9.	, ,	2003 III				1:11.06	II	325	
	50m: 33.83 33.83	100m: 1:11.06	37.23						
10.	, ,	2004				1:11.12	II	325	
	50m: 33.74 33.74	100m: 1:11.12	37.38						
11.	, ,	2003 II				1:11.64	II	318	

6 , 100m (13-14)
 18.02.2019

: FINA 2018

		/				R.T			
1.	, ,	2006 I				1:10.42	I	477	
	50m: 34.55 34.55	100m: 1:10.42	35.87						
2.	, ,	2005 I		- -		1:11.38	I	458	
	50m: 34.51 34.51	100m: 1:11.38	36.87						
3.	, ,	2005 II				1:13.11	I	426	
	50m: 35.12 35.12	100m: 1:13.11	37.99						
4.	, ,	2005 II		- -		1:16.19	II	376	
	50m: 37.07 37.07	100m: 1:16.19	39.12						
5.	, ,	2005 II				1:18.11	II	349	
	50m: 38.47 38.47	100m: 1:18.11	39.64						
6.	, ,	2006 II				1:21.08	II	312	
	50m: 39.29 39.29	100m: 1:21.08	41.79						
7.	, ,	2006 II				1:21.83	III	304	
	50m: 39.92 39.92	100m: 1:21.83	41.91						
8.	, ,	2006 III				1:23.06	III	290	
	50m: 40.93 40.93	100m: 1:23.06	42.13						
9.	, ,	2006 I				1:30.39	III	225	
	50m: 43.59 43.59	100m: 1:30.39	46.80						
10.	, ,	2006				1:33.97		200	
	50m: 45.86 45.86	100m: 1:33.97	48.11						
DSQ	, ,	2006							
DSQ	, ,	2006 I							

- I IX
, 18-20.02.2019

7 , 200m (15-16)
18.02.2019

: FINA 2018

								R.T			
1.				2004 II		- -		2:28.17	II		393
	50m:	31.27	31.27	100m:	1:08.14	36.87	150m:	1:47.55	39.41	200m:	2:28.17 40.62
2.				2004 II				2:33.89	II		351
	50m:	31.34	31.34	100m:	1:08.73	37.39	150m:	1:50.09	41.36	200m:	2:33.89 43.80

8 , 200m (13-14)
18.02.2019

: FINA 2018

								R.T			
1.				2006		-		2:33.11	I		476
	50m:	33.86	33.86	100m:	1:12.50	38.64	150m:	1:52.66	40.16	200m:	2:33.11 40.45
2.				2005 II				2:50.38	II		345
	50m:	35.23	35.23	100m:	1:18.22	42.99	150m:	2:04.08	45.86	200m:	2:50.38 46.30
3.				2005 II				3:02.08	III		283
	50m:	36.19	36.19	100m:	1:25.20	49.01	150m:	2:12.92	47.72	200m:	3:02.08 49.16
4.				2006 III				3:44.44			151
	50m:	48.72	48.72	100m:	1:47.51	58.79	150m:	2:50.85	1:03.34	200m:	3:44.44 53.59

9 , 100m (15-16)
18.02.2019

: FINA 2018

								R.T			
1.				2004 I		-		1:00.78			566
	50m:	29.67	29.67	100m:	1:00.78	31.11					
2.				2004 II		-		1:01.80			539
	50m:	27.94	27.94	100m:	1:01.80	33.86					
3.				2004 I		-		1:03.60	I		494
	50m:	29.28	29.28	100m:	1:03.60	34.32					
4.				2003 II		-		1:04.58	I		472
	50m:	30.86	30.86	100m:	1:04.58	33.72					
5.				2003 II				1:06.74	II		428
	50m:	29.89	29.89	100m:	1:06.74	36.85					
6.				2003 II				1:07.68	II		410
	50m:	30.21	30.21	100m:	1:07.68	37.47					
7.				2004 II				1:08.32	II		399
	50m:	31.00	31.00	100m:	1:08.32	37.32					

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

9, , 100m , (15-16)						R.T		
8.	, ,			2004 II	-	1:08.38	II	398
	50m: 31.76 31.76		100m: 1:08.38 36.62					
9.	, ,			2004 II		1:09.01	II	387
	50m: 30.54 30.54		100m: 1:09.01 38.47					
10.	, ,			2003 I		1:12.32	II	336
	50m: 32.84 32.84		100m: 1:12.32 39.48					
11.	, ,			2004 II		1:12.86	II	329
	50m: 33.75 33.75		100m: 1:12.86 39.11					
12.	, ,			2004		1:13.70	II	317
	50m: 32.70 32.70		100m: 1:13.70 41.00					
13.	, ,			2004 II		1:13.79	II	316
	50m: 33.79 33.79		100m: 1:13.79 40.00					
14.	, ,			2003		1:14.87	III	303
	50m: 35.23 35.23		100m: 1:14.87 39.64					
15.	, ,			2004 II		1:15.66	III	293
	50m: 35.87 35.87		100m: 1:15.66 39.79					
16.	, ,			2004 II		1:15.74	III	292
	50m: 34.65 34.65		100m: 1:15.74 41.09					
17.	, ,			2004		1:16.41	III	285
	50m: 33.48 33.48		100m: 1:16.41 42.93					
18.	, ,			2004 III		1:17.15	III	277
	50m: 35.87 35.87		100m: 1:17.15 41.28					
19.	, ,			2003 III		1:17.26	III	275
	50m: 36.18 36.18		100m: 1:17.26 41.08					
20.	, ,			2004 II		1:18.90	III	259
	50m: 36.60 36.60		100m: 1:18.90 42.30					
21.	, ,			2003 RedSwimClub		1:25.16		206
	50m: 40.15 40.15		100m: 1:25.16 45.01					
DSQ	, ,			2003 II				

- I IX
 , 18-20.02.2019

18.02.2019 10 , 100m (13-14)

: FINA 2018

								R.T			
1.	,			2006 II				1:14.83	I		430
	50m:	35.48	35.48	100m:	1:14.83	39.35					
2.	,			2006 III				1:18.09	II		378
	50m:	37.54	37.54	100m:	1:18.09	40.55					
3.	,			2006 III				1:19.94	II		353
	50m:	36.87	36.87	100m:	1:19.94	43.07					
4.	,			2006 RedSwimClub				1:21.75	II		330
	50m:	39.18	39.18	100m:	1:21.75	42.57					
5.	,			2006 II				1:22.98	II		315
	50m:	41.14	41.14	100m:	1:22.98	41.84					
6.	,			2006 III				1:29.27	III		253
	50m:	41.03	41.03	100m:	1:29.27	48.24					
DSQ	,			2006 I							

18.02.2019 11 , 1500m (15-16)

: FINA 2018

								R.T				
1.	,			2004				16:13.79			660	
	50m:	26.18	26.18	400m:	4:06.99	1:04.10	800m:	8:29.25	1:05.60	1200m:	12:55.31	1:06.93
	100m:	55.73	29.55	500m:	5:12.51	1:05.52	900m:	9:35.60	1:06.35	1300m:	14:01.84	1:06.53
	200m:	1:58.77	1:03.04	600m:	6:18.59	1:06.08	1000m:	10:42.19	1:06.59	1400m:	15:08.12	1:06.28
	300m:	3:02.89	1:04.12	700m:	7:23.65	1:05.06	1100m:	11:48.38	1:06.19	1500m:	16:13.79	1:05.67
2.	,			2003 I				17:24.37	I		535	
	50m:	30.12	30.12	400m:	4:29.84	1:08.93	800m:	9:08.88	1:10.08	1200m:	13:52.21	1:10.98
	100m:	1:03.45	33.33	500m:	5:39.26	1:09.42	900m:	10:19.22	1:10.34	1300m:	15:03.74	1:11.53
	200m:	2:11.95	1:08.50	600m:	6:49.07	1:09.81	1000m:	11:30.35	1:11.13	1400m:	16:15.07	1:11.33
	300m:	3:20.91	1:08.96	700m:	7:58.80	1:09.73	1100m:	12:41.23	1:10.88	1500m:	17:24.37	1:09.30
3.	,			2004 II				18:22.56	II		455	
	50m:	32.37	32.37	400m:	4:46.41	1:13.38	800m:	9:43.54	1:14.40	1200m:	14:40.79	1:14.76
	100m:	1:07.79	35.42	500m:	6:00.41	1:14.00	900m:	10:57.53	1:13.99	1300m:	15:54.90	1:14.11
	200m:	2:19.96	1:12.17	600m:	7:14.64	1:14.23	1000m:	12:11.81	1:14.28	1400m:	17:09.79	1:14.89
	300m:	3:33.03	1:13.07	700m:	8:29.14	1:14.50	1100m:	13:26.03	1:14.22	1500m:	18:22.56	1:12.77
4.	,			2004 II				19:20.52	II		390	
	50m:	30.90	30.90	400m:	4:51.86	1:16.48	800m:	10:03.63	1:18.53	1200m:	15:21.57	1:19.91
	100m:	1:06.16	35.26	500m:	6:08.99	1:17.13	900m:	11:23.10	1:19.47	1300m:	16:40.72	1:19.15
	200m:	2:20.01	1:13.85	600m:	7:26.71	1:17.72	1000m:	12:41.96	1:18.86	1400m:	18:00.81	1:20.09
	300m:	3:35.38	1:15.37	700m:	8:45.10	1:18.39	1100m:	14:01.66	1:19.70	1500m:	19:20.52	1:19.71

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

18.02.2019 12 , 1500m (13-14)

: FINA 2018

R.T

1.			2005 I	- -	19:50.50 I	461
	50m:	31.49 31.49	400m: 5:03.60 1:20.85	800m: 10:25.72 1:20.88	1200m: 15:49.14 1:21.40	
	100m:	1:07.96 36.47	500m: 6:23.93 1:20.33	900m: 11:45.84 1:20.12	1300m: 17:10.16 1:21.02	
	200m:	2:25.99 1:18.03	600m: 7:44.38 1:20.45	1000m: 13:07.10 1:21.26	1400m: 18:30.63 1:20.47	
	300m:	3:42.75 1:16.76	700m: 9:04.84 1:20.46	1100m: 14:27.74 1:20.64	1500m: 19:50.50 1:19.87	
2.			2006 II		20:53.48 II	395
	50m:	34.60 34.60	400m: 5:19.23 1:23.60	800m: 10:57.37 1:24.88	1200m: 16:38.21 1:25.07	
	100m:	1:12.76 38.16	500m: 6:43.45 1:24.22	900m: 12:22.68 1:25.31	1300m: 18:04.12 1:25.91	
	200m:	2:33.18 1:20.42	600m: 8:07.84 1:24.39	1000m: 13:47.91 1:25.23	1400m: 19:29.46 1:25.34	
	300m:	3:55.63 1:22.45	700m: 9:32.49 1:24.65	1100m: 15:13.14 1:25.23	1500m: 20:53.48 1:24.02	
3.			2006 II		21:47.51 II	348
	50m:	34.47 34.47	400m: 5:35.88 1:28.66	800m: 11:32.21 1:28.24	1200m: 17:26.16 1:29.55	
	100m:	1:14.15 39.68	500m: 7:04.63 1:28.75	900m: 12:59.75 1:27.54	1300m: 18:55.59 1:29.43	
	200m:	2:39.58 1:25.43	600m: 8:34.45 1:29.82	1000m: 14:28.92 1:29.17	1400m: 20:23.92 1:28.33	
	300m:	4:07.22 1:27.64	700m: 10:03.97 1:29.52	1100m: 15:56.61 1:27.69	1500m: 21:47.51 1:23.59	
4.			2006 II		21:48.81 II	346
	50m:	36.27 36.27	400m: 5:43.42 1:29.92	800m: 11:36.95 1:27.80	1200m: 17:30.79 1:29.06	
	100m:	1:17.82 41.55	500m: 7:12.74 1:29.32	900m: 13:05.39 1:28.44	1300m: 18:58.47 1:27.68	
	200m:	2:45.65 1:27.83	600m: 8:42.14 1:29.40	1000m: 14:33.17 1:27.78	1400m: 20:26.11 1:27.64	
	300m:	4:13.50 1:27.85	700m: 10:09.15 1:27.01	1100m: 16:01.73 1:28.56	1500m: 21:48.81 1:22.70	

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

13 , 50m (15-16)
 19.02.2019

: FINA 2018

	/	R.T		
1.	2004	26.88		564
2.	2003 I	28.52	I	472
3.	2003 I	28.78	I	460
4.	2004 II -	29.31	I	435
5.	2004 I - -	29.37	II	433
6.	2004 I -	29.53	II	426
7.	2004 I	30.38	II	391
8.	2003 II	30.47	II	387
9.	2003	32.15	II	330
10.	2003 III	32.44	III	321
11.	2004 III	33.81	III	283

14 , 50m (13-14)
 19.02.2019

: FINA 2018

	/	R.T		
1.	2006 I	32.57	II	489
2.	2005 II	34.55	II	410
3.	2005 II - -	35.38	II	381
4.	2005 II	35.43	II	380
5.	2006 II	36.75	II	340
6.	2006 III	37.68	III	316
7.	2006 I	41.13		243
8.	2005 II	41.39		238
9.	2006 I	42.03		227
DSQ	2006 III -			
DSQ	2006 II			
EXH	2006 III -	35.86	II	366

- I IX
, 18-20.02.2019

19.02.2019 15 , 50m (15-16)

: FINA 2018

	/	R.T		
1.	2004 I	25.19	II	520
2.	2004 I	25.60	II	495
3.	2004 I	25.65	II	492
4.	2003 I	25.71	II	489
5.	2003 II	25.95	II	475
6.	2003 I	26.03	II	471
7.	2004 II	26.24	II	460
8.	2003 II	26.28	II	458
9.	2004 II	26.69	II	437
10.	2003 II	26.74	II	434
11.	2003 II	26.87	II	428
12.	2004 II	26.97	II	423
13.	2004	27.31	III	408
14.	2003 II	27.34	III	406
15.	2003 II	27.79	III	387
16.	2004 II	27.82	III	386
17.	2004 II	28.02	III	378
18.	2004 II	28.03	III	377
19.	2004 II	28.93	III	343
20.	2004 II	29.05	III	339
21.	2004 II	29.39		327

19.02.2019 16 , 50m (13-14)

: FINA 2018

	/	R.T		
1.	2005 I	28.88	II	500
2.	2005 I	29.06	II	491
3.	2006 II	30.52	II	424
4.	2005 I	30.56	II	422
5.	2006 II	30.71	II	416
6.	2005 II	31.57	III	383
7.	2006 II	31.77	III	375
8.	2006 III	31.89	III	371
9.	2006 II	32.81		341
10.	2005 II	34.91		283
11.	2005 II	35.08		279
12.	2005 II	36.28		252
13.	2006	36.51		247
14.	2006 III	37.61		226
15.	2006	38.02		219

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

16, , 50m

EXH	,		2006 III	-		31.46	III	387
EXH	,		2006 III	-		32.91		338

17 , 100m

19.02.2019

(15-16)

: FINA 2018

						R.T		
1.	,		2003 I			1:00.08	I	512
	50m:	27.58	27.58	100m:	1:00.08	32.50		
2.	,		2004 I	- -		1:00.10	I	512
	50m:	27.53	27.53	100m:	1:00.10	32.57		
3.	,		2003 I			1:04.16	II	420
	50m:	28.89	28.89	100m:	1:04.16	35.27		
4.	,		2004 II	- -		1:04.68	II	410
	50m:	29.73	29.73	100m:	1:04.68	34.95		
5.	,		2004 II			1:04.73	II	409
	50m:	29.90	29.90	100m:	1:04.73	34.83		
6.	,		2004 II			1:11.80	III	300
	50m:	32.27	32.27	100m:	1:11.80	39.53		

18 , 100m

19.02.2019

(13-14)

: FINA 2018

						R.T		
1.	,		2005 II			1:12.31	II	430
	50m:	33.40	33.40	100m:	1:12.31	38.91		
2.	,		2005 II			1:17.59	II	348
	50m:	34.34	34.34	100m:	1:17.59	43.25		
3.	,		2006 II			1:17.76	II	346
	50m:	35.55	35.55	100m:	1:17.76	42.21		
4.	,		2006 II			1:28.50	III	234
	50m:	40.54	40.54	100m:	1:28.50	47.96		
5.	,		2006 III			1:31.02		215
	50m:	41.73	41.73	100m:	1:31.02	49.29		
6.	,		2006 III			1:39.28		166
	50m:	43.69	43.69	100m:	1:39.28	55.59		

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

19.02.2019 19 , 400m (15-16)

: FINA 2018

								R.T				
1.	,		/									
			2004 I		-				4:57.32	I	496	
	50m:	30.18	30.18	150m:	1:44.72	38.54	250m:	3:05.29	43.66	350m:	4:24.26	34.19
	100m:	1:06.18	36.00	200m:	2:21.63	36.91	300m:	3:50.07	44.78	400m:	4:57.32	33.06
2.	,		2003 III							6:08.10	III	261
	50m:	36.66	36.66	150m:	2:12.01	48.62	250m:	3:48.34	49.27	350m:	5:24.81	46.56
	100m:	1:23.39	46.73	200m:	2:59.07	47.06	300m:	4:38.25	49.91	400m:	6:08.10	43.29

19.02.2019 20 , 400m (13-14)

: FINA 2018

								R.T				
1.	,		/									
			2005		-					5:06.88	600	
	50m:	33.13	33.13	150m:	1:48.56	38.47	250m:	3:10.67	44.70	350m:	4:32.26	36.83
	100m:	1:10.09	36.96	200m:	2:25.97	37.41	300m:	3:55.43	44.76	400m:	5:06.88	34.62
2.	,		2005 I		-	-				5:21.61	I	521
	50m:	34.28	34.28	150m:	1:54.82	40.28	250m:	3:20.37	45.98	350m:	4:45.67	38.20
	100m:	1:14.54	40.26	200m:	2:34.39	39.57	300m:	4:07.47	47.10	400m:	5:21.61	35.94
3.	,		2005 II							5:39.90	I	442
	50m:	35.32	35.32	150m:	2:02.57	45.23	250m:	3:31.93	45.59	350m:	5:01.30	41.18
	100m:	1:17.34	42.02	200m:	2:46.34	43.77	300m:	4:20.12	48.19	400m:	5:39.90	38.60
4.	,		2006 II							6:12.70	II	335
	50m:	39.43	39.43	150m:	2:16.78	46.67	250m:	3:52.17	50.06	350m:	5:29.95	45.24
	100m:	1:30.11	50.68	200m:	3:02.11	45.33	300m:	4:44.71	52.54	400m:	6:12.70	42.75
5.	,		2006 II							6:35.78	III	280
	50m:	47.03	47.03	150m:	2:32.56	46.42	250m:	4:11.66	51.31	350m:	5:51.54	47.20
	100m:	1:46.14	59.11	200m:	3:20.35	47.79	300m:	5:04.34	52.68	400m:	6:35.78	44.24

19.02.2019 21 , 200m (15-16)

: FINA 2018

								R.T				
1.	,		/									
			2004 I		-					2:26.39	556	
	50m:	34.29	34.29	100m:	1:12.06	37.77	150m:	1:49.99	37.93	200m:	2:26.39	36.40
2.	,		2004 II		-					2:28.37	I	534
	50m:	33.29	33.29	100m:	1:11.51	38.22	150m:	1:49.91	38.40	200m:	2:28.37	38.46
3.	,		2003 I		-	-				2:30.83	I	509
	50m:	33.96	33.96	100m:	1:12.85	38.89	150m:	1:52.27	39.42	200m:	2:30.83	38.56
4.	,		2004 I							2:31.02	I	507
	50m:	34.02	34.02	100m:	1:12.02	38.00	150m:	1:50.78	38.76	200m:	2:31.02	40.24

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

21,		, 200m				(15-16)				R.T	
5.	,			2003 II	-			2:31.78	I		499
	50m:	34.67	34.67	100m: 1:13.77	39.10	150m: 1:53.01	39.24	200m: 2:31.78	38.77		
6.	,			2003 I				2:31.89	I		498
	50m:	34.73	34.73	100m: 1:13.43	38.70	150m: 1:52.98	39.55	200m: 2:31.89	38.91		
7.	,			2003 I		- -		2:32.69	I		490
	50m:	33.22	33.22	100m: 1:10.72	37.50	150m: 1:51.15	40.43	200m: 2:32.69	41.54		
8.	,			2004 II		- -		2:38.72	II		436
	50m:	36.49	36.49	100m: 1:14.97	38.48	150m: 1:56.39	41.42	200m: 2:38.72	42.33		
9.	,			2004 II	-			2:39.29	II		432
	50m:	35.65	35.65	100m: 1:16.11	40.46	150m: 1:57.80	41.69	200m: 2:39.29	41.49		
10.	,			2003 II		- -		2:40.56	II		422
	50m:	36.46	36.46	100m: 1:18.09	41.63	150m: 1:59.35	41.26	200m: 2:40.56	41.21		
11.	,			2003 III				3:14.11	III		238
	50m:	41.51	41.51	100m: 1:31.23	49.72	150m: 2:22.81	51.58	200m: 3:14.11	51.30		
12.	,			2003	RedSwimClub			3:14.67	III		236
	50m:	42.66	42.66	100m: 1:31.60	48.94	150m: 2:22.29	50.69	200m: 3:14.67	52.38		

22 , 200m (13-14)
 19.02.2019
 : FINA 2018

22		, 200m				(13-14)				R.T	
1.	,			2006 I				2:44.04			552
	50m:	36.64	36.64	100m: 1:18.35	41.71	150m: 2:01.87	43.52	200m: 2:44.04	42.17		
2.	,			2006 II				2:55.86	II		448
	50m:	39.61	39.61	100m: 1:24.36	44.75	150m: 2:10.09	45.73	200m: 2:55.86	45.77		
3.	,			2005 II		- -		3:02.86	II		398
	50m:	41.81	41.81	100m: 1:28.54	46.73	150m: 2:16.16	47.62	200m: 3:02.86	46.70		
4.	,			2006 II				3:06.15	II		377
	50m:	42.43	42.43	100m: 1:30.10	47.67	150m: 2:19.16	49.06	200m: 3:06.15	46.99		
5.	,			2006 III		-		3:06.34	II		376
	50m:	41.74	41.74	100m: 1:28.37	46.63	150m: 2:17.20	48.83	200m: 3:06.34	49.14		
6.	,			2006 III				3:20.91	III		300
	50m:	44.76	44.76	100m: 1:35.24	50.48	150m: 2:28.68	53.44	200m: 3:20.91	52.23		
7.	,			2006				3:28.80	III		267
	50m:	48.66	48.66	100m: 1:41.63	52.97	150m: 2:36.01	54.38	200m: 3:28.80	52.79		
8.	,			2005 II				3:38.54	III		233
	50m:	46.39	46.39	100m: 1:41.10	54.71	150m: 2:40.07	58.97	200m: 3:38.54	58.47		
9.	,			2006 III				3:55.51			186
	50m:	52.18	52.18	100m: 1:53.03	1:00.85	150m: 2:54.40	1:01.37	200m: 3:55.51	1:01.11		



- I IX
 , 18-20.02.2019

22, , 200m , (13-14)										R.T		
DSQ				2006	RedSwimClub							
23 , 400m (15-16)										R.T		
19.02.2019												
: FINA 2018												
1.				2004						4:11.65 600		
	50m:	27.20	27.20	150m:	1:28.85	31.51	250m:	2:34.59	33.35	350m:	3:40.01	32.91
	100m:	57.34	30.14	200m:	2:01.24	32.39	300m:	3:07.10	32.51	400m:	4:11.65	31.64
2.				2003 I						4:14.91 577		
	50m:	28.19	28.19	150m:	1:30.72	31.80	250m:	2:35.44	32.66	350m:	3:42.16	33.67
	100m:	58.92	30.73	200m:	2:02.78	32.06	300m:	3:08.49	33.05	400m:	4:14.91	32.75
3.				2003 I						4:25.42 511		
	50m:	29.79	29.79	150m:	1:36.14	33.60	250m:	2:44.01	33.97	350m:	3:51.92	33.79
	100m:	1:02.54	32.75	200m:	2:10.04	33.90	300m:	3:18.13	34.12	400m:	4:25.42	33.50
4.				2003 I			-	-		4:30.26 484		
	50m:	29.76	29.76	150m:	1:36.56	33.96	250m:	2:46.42	35.15	350m:	3:56.50	35.07
	100m:	1:02.60	32.84	200m:	2:11.27	34.71	300m:	3:21.43	35.01	400m:	4:30.26	33.76
5.				2003 II			-			4:32.22 474		
	50m:	30.30	30.30	150m:	1:38.48	34.31	250m:	2:48.22	34.74	350m:	3:58.53	35.17
	100m:	1:04.17	33.87	200m:	2:13.48	35.00	300m:	3:23.36	35.14	400m:	4:32.22	33.69
6.				2003 I						4:35.21 458		
	50m:	30.82	30.82	150m:	1:39.32	34.57	250m:	2:49.35	35.07	350m:	4:00.54	35.61
	100m:	1:04.75	33.93	200m:	2:14.28	34.96	300m:	3:24.93	35.58	400m:	4:35.21	34.67
7.				2004 II			-	-		4:39.22 439		
	50m:	31.79	31.79	150m:	1:41.52	35.02	250m:	2:52.63	35.93	350m:	4:04.69	35.56
	100m:	1:06.50	34.71	200m:	2:16.70	35.18	300m:	3:29.13	36.50	400m:	4:39.22	34.53
8.				2004 II						4:40.10 435		
	50m:	31.41	31.41	150m:	1:41.12	35.04	250m:	2:53.02	36.06	350m:	4:05.58	36.10
	100m:	1:06.08	34.67	200m:	2:16.96	35.84	300m:	3:29.48	36.46	400m:	4:40.10	34.52
9.				2003 I						4:42.38 424		
	50m:	29.95	29.95	150m:	1:37.36	34.27	250m:	2:48.85	36.58	350m:	4:04.74	38.59
	100m:	1:03.09	33.14	200m:	2:12.27	34.91	300m:	3:26.15	37.30	400m:	4:42.38	37.64
10.				2003 II						4:44.39 415		
	50m:	32.19	32.19	150m:	1:43.24	36.02	250m:	2:56.08	36.82	350m:	4:10.25	36.30
	100m:	1:07.22	35.03	200m:	2:19.26	36.02	300m:	3:33.95	37.87	400m:	4:44.39	34.14
11.				2004 II			-	-		4:44.62 414		
	50m:	32.93	32.93	150m:	1:44.60	35.82	250m:	2:57.97	36.94	350m:	4:10.63	35.72
	100m:	1:08.78	35.85	200m:	2:21.03	36.43	300m:	3:34.91	36.94	400m:	4:44.62	33.99
12.				2004 II						4:48.59 397		
	50m:	30.54	30.54	150m:	1:43.06	37.57	250m:	2:58.53	37.86	350m:	4:12.89	37.02
	100m:	1:05.49	34.95	200m:	2:20.67	37.61	300m:	3:35.87	37.34	400m:	4:48.59	35.70

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

24, , 400m				(13-14)				R.T				
5.	,		2006 III	-		5:24.36	II		377			
	50m:	34.37	34.37	150m:	1:56.80	42.30	250m:	3:21.16	42.15	350m:	4:44.86	41.29
	100m:	1:14.50	40.13	200m:	2:39.01	42.21	300m:	4:03.57	42.41	400m:	5:24.36	39.50
6.	,		2006	RedSwimClub		5:45.71	III		312			
	50m:	39.33	39.33	150m:	2:06.38	43.99	250m:	3:35.67	44.82	350m:	5:03.58	43.58
	100m:	1:22.39	43.06	200m:	2:50.85	44.47	300m:	4:20.00	44.33	400m:	5:45.71	42.13
7.	,		2005	RedSwimClub		6:09.38	III		255			
	50m:	39.98	39.98	150m:	2:11.26	46.79	250m:	3:48.57	48.46	350m:	5:25.91	48.68
	100m:	1:24.47	44.49	200m:	3:00.11	48.85	300m:	4:37.23	48.66	400m:	6:09.38	43.47
8.	,		2006 I			6:39.64			202			
	50m:	41.84	41.84	150m:	2:22.40	50.64	250m:	4:06.30	51.65	350m:	5:50.33	51.54
	100m:	1:31.76	49.92	200m:	3:14.65	52.25	300m:	4:58.79	52.49	400m:	6:39.64	49.31

- I IX
, 18-20.02.2019

20.02.2019 25 , 50m (15-16)

: FINA 2018

		/		R.T		
1.	,	2004	II	-	26.94	I 529
2.	,	2004	I	- -	27.10	I 520
3.	,	2004	II	-	27.90	II 477
4.	,	2004	II		28.65	II 440
5.	,	2004	II		29.36	II 409
6.	,	2003	II		29.82	II 390
7.	,	2003			32.58	III 299

20.02.2019 26 , 50m (13-14)

: FINA 2018

		/		R.T		
1.	,	2006	I		32.02	II 441
2.	,	2005	II		32.78	II 411
3.	,	2005	II		33.83	III 374
4.	,	2006		RedSwimClub	38.58	252
5.	,	2006	III		41.00	210
6.	,	2006			43.46	176
EXH	,	2006	III	-	35.53	III 323

20.02.2019 27 , 100m (15-16)

: FINA 2018

		/		R.T		
1.	,	2003	I		54.86	I 549
	50m: 26.22 26.22	100m: 54.86		28.64		
2.	,	2004	I		55.29	I 536
	50m: 26.23 26.23	100m: 55.29		29.06		
3.	,	2003	I		55.63	I 527
	50m: 26.59 26.59	100m: 55.63		29.04		
4.	,	2003	I		55.64	I 526
	50m: 26.77 26.77	100m: 55.64		28.87		
5.	,	2004	I		55.66	I 526
	50m: 26.53 26.53	100m: 55.66		29.13		
6.	,	2004	I		55.78	I 522
	50m: 26.75 26.75	100m: 55.78		29.03		

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

	27,	, 100m		(15-16)		R.T		
7.	,		/					
7.	,		2003 I				55.98	I 517
	50m:	26.81	26.81	100m:	55.98	29.17		
8.	,		2003 I				57.37	II 480
	50m:	26.92	26.92	100m:	57.37	30.45		
9.	,		2003 II				57.69	II 472
	50m:	27.53	27.53	100m:	57.69	30.16		
10.	,		2003 II				58.07	II 463
	50m:	27.76	27.76	100m:	58.07	30.31		
11.	,		2004 II				58.16	II 461
	50m:	27.77	27.77	100m:	58.16	30.39		
12.	,		2004 II				58.25	II 459
	50m:	27.50	27.50	100m:	58.25	30.75		
13.	,		2003 II				58.49	II 453
	50m:	26.77	26.77	100m:	58.49	31.72		
14.	,		2003 I				58.62	II 450
	50m:	27.55	27.55	100m:	58.62	31.07		
15.	,		2003 II				58.79	II 446
	50m:	27.52	27.52	100m:	58.79	31.27		
16.	,		2004 II				58.99	II 442
	50m:	28.29	28.29	100m:	58.99	30.70		
17.	,		2003 II				59.36	II 433
	50m:	28.62	28.62	100m:	59.36	30.74		
	,		2003 II			- -	59.36	II 433
	50m:	28.48	28.48	100m:	59.36	30.88		
19.	,		2004 II			- -	59.53	II 430
	50m:	28.23	28.23	100m:	59.53	31.30		
20.	,		2004 II				1:00.27	II 414
	50m:	28.38	28.38	100m:	1:00.27	31.89		
21.	,		2003 II				1:00.80	II 403
	50m:	29.18	29.18	100m:	1:00.80	31.62		
22.	,		2004 II				1:00.83	II 403
	50m:	29.03	29.03	100m:	1:00.83	31.80		
23.	,		2003 II				1:01.23	II 395
	50m:	29.37	29.37	100m:	1:01.23	31.86		
24.	,		2004				1:02.50	II 371
	50m:	29.58	29.58	100m:	1:02.50	32.92		
25.	,		2004 II				1:02.54	II 371
	50m:	29.89	29.89	100m:	1:02.54	32.65		
26.	,		2004 II				1:02.69	II 368
	50m:	29.03	29.03	100m:	1:02.69	33.66		

" (25)

"ALT-Timing"

- I IX
, 18-20.02.2019

27,		, 100m				(15-16)				
		/						R.T		
26.	,			2004 II	- -			1:02.69	II	368
	50m:	30.18	30.18	100m: 1:02.69	32.51					
28.	,			2004 II				1:02.92	II	364
	50m:	30.21	30.21	100m: 1:02.92	32.71					
29.	,			2003 II				1:03.65	III	351
	50m:	29.90	29.90	100m: 1:03.65	33.75					
30.	,			2004 II				1:03.77	III	349
	50m:	29.76	29.76	100m: 1:03.77	34.01					
31.	,			2004 II				1:04.56	III	337
	50m:	31.15	31.15	100m: 1:04.56	33.41					
32.	,			2004 II				1:04.60	III	336
	50m:	30.81	30.81	100m: 1:04.60	33.79					
33.	,			2004 II				1:06.50	III	308
	50m:	31.21	31.21	100m: 1:06.50	35.29					
34.	,			2003	RedSwimClub			1:08.16	III	286
	50m:	32.12	32.12	100m: 1:08.16	36.04					
35.	,			2003	RedSwimClub			1:12.58		237
	50m:	33.56	33.56	100m: 1:12.58	39.02					

28 , 100m (13-14)
20.02.2019

: FINA 2018

		/						R.T		
1.	,			2005 I	- -			1:02.54	I	518
	50m:	30.28	30.28	100m: 1:02.54	32.26					
2.	,			2005 I				1:03.66	I	491
	50m:	30.46	30.46	100m: 1:03.66	33.20					
3.	,			2005 II				1:04.33	II	476
	50m:	30.54	30.54	100m: 1:04.33	33.79					
4.	,			2006 II	- -			1:07.51	II	412
	50m:	32.01	32.01	100m: 1:07.51	35.50					
5.	,			2005 II	- -			1:08.25	II	399
	50m:	32.68	32.68	100m: 1:08.25	35.57					
6.	,			2006 II				1:08.63	II	392
	50m:	32.55	32.55	100m: 1:08.63	36.08					
7.	,			2006 II				1:10.04	II	369
	50m:	33.61	33.61	100m: 1:10.04	36.43					
8.	,			2006 II				1:10.33	II	364
	50m:	33.93	33.93	100m: 1:10.33	36.40					

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

28, , 100m				(13-14)				R.T
		/						
9.	, 50m: 34.42 34.42	2006 II		100m: 1:11.34	36.92			1:11.34 II 349
10.	, 50m: 35.26 35.26	2006 III		100m: 1:14.20	38.94			1:14.20 III 310
11.	, 50m: 35.89 35.89	2006 III		100m: 1:15.87	39.98			1:15.87 III 290
12.	, 50m: 38.60 38.60	2006		100m: 1:21.67	43.07			1:21.67 232
13.	, 50m: 38.00 38.00	2005 II		100m: 1:21.84	43.84			1:21.84 231
14.	, 50m: 39.40 39.40	2006		100m: 1:27.06	47.66			1:27.06 192
DSQ	, 50m: 33.24 33.24	2006 II						
EXH	, 50m: 33.24 33.24	2006 III		100m: 1:10.88	37.64	-		1:10.88 II 356

29 , 100m (15-16)
 20.02.2019
 : FINA 2018

		/						R.T
1.	, 50m: 32.29 32.29	2004 I		100m: 1:07.51	35.22	-		1:07.51 I 558
2.	, 50m: 31.78 31.78	2004 II		100m: 1:07.61	35.83	-		1:07.61 I 556
3.	, 50m: 32.40 32.40	2003 II		100m: 1:08.54	36.14	-		1:08.54 I 534
4.	, 50m: 32.66 32.66	2003 I		100m: 1:09.08	36.42			1:09.08 I 521
5.	, 50m: 32.59 32.59	2003 I		100m: 1:09.48	36.89	- -		1:09.48 I 512
6.	, 50m: 33.38 33.38	2003 II		100m: 1:10.90	37.52	- -		1:10.90 I 482
7.	, 50m: 33.06 33.06	2003 I		100m: 1:10.91	37.85			1:10.91 I 482
8.	, 50m: 33.74 33.74	2004 I		100m: 1:11.45	37.71			1:11.45 I 471
9.	, 50m: 33.26 33.26	2003 I		100m: 1:11.74	38.48			1:11.74 I 465

" (25)

"ALT-Timing"

- I IX
, 18-20.02.2019

29,		, 100m				(15-16)			
		/						R.T	
10.	,			2004 II	- -			1:13.66	II 430
	50m:	34.76	34.76	100m:	1:13.66	38.90			
11.	,			2004 II	-			1:13.91	II 425
	50m:	34.27	34.27	100m:	1:13.91	39.64			
12.	,			2003 II				1:16.21	II 388
	50m:	35.07	35.07	100m:	1:16.21	41.14			
13.	,			2003				1:20.65	III 327
	50m:	36.69	36.69	100m:	1:20.65	43.96			
14.	,			2003 III				1:20.70	III 327
	50m:	37.65	37.65	100m:	1:20.70	43.05			
15.	,			2004 III				1:22.10	III 310
	50m:	38.06	38.06	100m:	1:22.10	44.04			
16.	,			2003 III				1:28.25	III 250
	50m:	40.22	40.22	100m:	1:28.25	48.03			
DSQ	,			2003 I	- -				

30 , 100m (13-14)
20.02.2019

: FINA 2018

		/						R.T	
1.	,			2006 I				1:15.76	557
	50m:	35.51	35.51	100m:	1:15.76	40.25			
2.	,			2005 II				1:20.29	I 468
	50m:	37.81	37.81	100m:	1:20.29	42.48			
3.	,			2006 II				1:22.36	II 434
	50m:	39.01	39.01	100m:	1:22.36	43.35			
4.	,			2005 II	- -			1:24.81	II 397
	50m:	39.79	39.79	100m:	1:24.81	45.02			
5.	,			2006 II				1:27.87	II 357
	50m:	41.29	41.29	100m:	1:27.87	46.58			
6.	,			2006 II				1:31.97	III 311
	50m:	43.41	43.41	100m:	1:31.97	48.56			
7.	,			2006 III				1:36.59	III 269
	50m:	44.04	44.04	100m:	1:36.59	52.55			
8.	,			2005 II				1:38.09	III 256
	50m:	45.51	45.51	100m:	1:38.09	52.58			
9.	,			2006 I				1:48.49	189
	50m:	51.66	51.66	100m:	1:48.49	56.83			

" (25)

"ALT-Timing"

- I IX
18-20.02.2019

30, , 100m , (13-14)

/ R.T

DSQ , , 2006 III

31 , 200m (15-16)

20.02.2019

: FINA 2018

/ R.T

1.	,			2004 II						2:31.81 II	376
	50m:	31.82	31.82	100m:	1:10.61	38.79	150m:	1:56.91	46.30	200m:	2:31.81 34.90
2.	,			2004						2:36.23 II	345
	50m:	32.33	32.33	100m:	1:11.01	38.68	150m:	1:59.00	47.99	200m:	2:36.23 37.23

32 , 200m (13-14)

20.02.2019

: FINA 2018

/ R.T

1.	,			2005 I			- -			2:35.98 I	476
	50m:	33.20	33.20	100m:	1:12.53	39.33	150m:	1:59.51	46.98	200m:	2:35.98 36.47
2.	,			2006 III			-			2:49.16 II	373
	50m:	37.10	37.10	100m:	1:20.21	43.11	150m:	2:09.18	48.97	200m:	2:49.16 39.98
3.	,			2006 II						2:50.11 II	367
	50m:	36.36	36.36	100m:	1:20.58	44.22	150m:	2:10.00	49.42	200m:	2:50.11 40.11
4.	,			2006 II						2:57.69 II	322
	50m:	41.46	41.46	100m:	1:26.82	45.36	150m:	2:17.42	50.60	200m:	2:57.69 40.27
5.	,			2006 II						2:59.54 II	312
	50m:	38.94	38.94	100m:	1:24.20	45.26	150m:	2:14.09	49.89	200m:	2:59.54 45.45
6.	,			2006 II						3:01.22 III	304
	50m:	40.91	40.91	100m:	1:26.25	45.34	150m:	2:18.65	52.40	200m:	3:01.22 42.57
7.	,			2006 III						3:16.37 III	238
	50m:	43.60	43.60	100m:	1:30.14	46.54	150m:	2:31.42	1:01.28	200m:	3:16.37 44.95
8.	,			2006 III						3:27.02	203
	50m:	45.76	45.76	100m:	1:37.60	51.84	150m:	2:40.79	1:03.19	200m:	3:27.02 46.23

- I IX
 , 18-20.02.2019

20.02.2019 33 , 200m (15-16)

: FINA 2018

								R.T			
1.	,		/								
			2004						2:04.50		610
	50m:	29.25	29.25	100m:	1:00.49	31.24	150m:	1:32.59	32.10	200m:	2:04.50 31.91
2.	,		2004 I								
										2:10.79	526
	50m:	30.14	30.14	100m:	1:03.17	33.03	150m:	1:36.56	33.39	200m:	2:10.79 34.23
3.	,		2003 I								
										2:12.38 I	508
	50m:	30.63	30.63	100m:	1:04.30	33.67	150m:	1:38.59	34.29	200m:	2:12.38 33.79
4.	,		2004 II								
										2:17.35 I	454
	50m:	31.45	31.45	100m:	1:06.11	34.66	150m:	1:41.76	35.65	200m:	2:17.35 35.59
5.	,		2004 I								
										2:18.67 I	441
	50m:	31.89	31.89	100m:	1:07.08	35.19	150m:	1:43.49	36.41	200m:	2:18.67 35.18
6.	,		2004 I								
										2:21.74 II	413
	50m:	30.93	30.93	100m:	1:05.95	35.02	150m:	1:43.71	37.76	200m:	2:21.74 38.03
7.	,		2004 I								
										2:22.18 II	410
	50m:	31.86	31.86	100m:	1:07.73	35.87	150m:	1:45.19	37.46	200m:	2:22.18 36.99
8.	,		2003 III								
										2:40.76 III	283
	50m:	35.44	35.44	100m:	1:15.76	40.32	150m:	1:58.56	42.80	200m:	2:40.76 42.20

20.02.2019 34 , 200m (13-14)

: FINA 2018

								R.T			
1.	,		/								
			2005 I							2:35.80 II	448
	50m:	35.80	35.80	100m:	1:14.91	39.11	150m:	1:55.96	41.05	200m:	2:35.80 39.84
2.	,		2005 II								
										2:39.81 II	415
	50m:	36.60	36.60	100m:	1:17.13	40.53	150m:	1:59.24	42.11	200m:	2:39.81 40.57
3.	,		2005 II								
										2:40.23 II	412
	50m:	37.17	37.17	100m:	1:17.62	40.45	150m:	1:59.97	42.35	200m:	2:40.23 40.26
4.	,		2006 III								
										2:42.19 II	397
	50m:	38.37	38.37	100m:	1:19.47	41.10	150m:	2:01.60	42.13	200m:	2:42.19 40.59
5.	,		2005 II								
										2:47.41 II	361
	50m:	38.55	38.55	100m:	1:19.56	41.01	150m:	2:03.38	43.82	200m:	2:47.41 44.03
6.	,		2006 II								
										3:03.19 III	275
	50m:	43.95	43.95	100m:	1:30.64	46.69	150m:	2:18.19	47.55	200m:	3:03.19 45.00
7.	,		2006 I								
										3:07.16 III	258
	50m:	42.86	42.86	100m:	1:30.47	47.61	150m:	2:20.58	50.11	200m:	3:07.16 46.58
8.	,		2006 I								
										3:16.15 III	224
	50m:	45.21	45.21	100m:	1:34.78	49.57	150m:	2:25.99	51.21	200m:	3:16.15 50.16

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

20.02.2019 35 , 800m (15-16)

: FINA 2018

R.T

1.			2004						8:46.83		596	
	50m:	28.57	28.57	300m:	3:11.47	1:05.56	600m:	6:33.98	1:07.73			
	100m:	1:00.30	31.73	400m:	4:18.41	1:06.94	700m:	7:41.00	1:07.02			
	200m:	2:05.91	1:05.61	500m:	5:26.25	1:07.84	800m:	8:46.83	1:05.83			
2.			2003 I				-	-		9:03.53	I	542
	50m:	30.11	30.11	300m:	3:19.45	1:08.21	600m:	6:46.81	1:09.65			
	100m:	1:03.36	33.25	400m:	4:27.84	1:08.39	700m:	7:56.08	1:09.27			
	200m:	2:11.24	1:07.88	500m:	5:37.16	1:09.32	800m:	9:03.53	1:07.45			
3.			2003 I							9:33.83	II	461
	50m:	31.15	31.15	300m:	3:26.72	1:10.72	600m:	7:05.15	1:14.57			
	100m:	1:05.78	34.63	400m:	4:38.19	1:11.47	700m:	8:19.25	1:14.10			
	200m:	2:16.00	1:10.22	500m:	5:50.58	1:12.39	800m:	9:33.83	1:14.58			
4.			2004 II				-	-		9:35.56	II	457
	50m:	32.16	32.16	300m:	3:29.32	1:11.47	600m:	7:08.18	1:13.40			
	100m:	1:07.35	35.19	400m:	4:42.03	1:12.71	700m:	8:22.69	1:14.51			
	200m:	2:17.85	1:10.50	500m:	5:54.78	1:12.75	800m:	9:35.56	1:12.87			
5.			2003 II				-			9:39.99	II	446
	50m:	30.73	30.73	300m:	3:28.43	1:11.78	600m:	7:09.64	1:14.47			
	100m:	1:05.34	34.61	400m:	4:41.42	1:12.99	700m:	8:25.42	1:15.78			
	200m:	2:16.65	1:11.31	500m:	5:55.17	1:13.75	800m:	9:39.99	1:14.57			
6.			2004 II							9:43.62	II	438
	50m:	30.78	30.78	300m:	3:30.78	1:14.10	600m:	7:16.56	1:15.66			
	100m:	1:05.10	34.32	400m:	4:45.88	1:15.10	700m:	8:31.96	1:15.40			
	200m:	2:16.68	1:11.58	500m:	6:00.90	1:15.02	800m:	9:43.62	1:11.66			
7.			2004 II							10:04.81	II	394
	50m:	31.51	31.51	300m:	3:39.69	1:16.59	600m:	7:32.17	1:17.84			
	100m:	1:07.33	35.82	400m:	4:56.85	1:17.16	700m:	8:51.01	1:18.84			
	200m:	2:23.10	1:15.77	500m:	6:14.33	1:17.48	800m:	10:04.81	1:13.80			
8.			2003 II							10:17.02	II	371
	50m:	30.67	30.67	300m:	3:36.06	1:17.14	600m:	7:37.38	1:21.17			
	100m:	1:05.11	34.44	400m:	4:55.39	1:19.33	700m:	8:59.20	1:21.82			
	200m:	2:18.92	1:13.81	500m:	6:16.21	1:20.82	800m:	10:17.02	1:17.82			
9.			2003 II							10:31.47	II	346
	50m:	34.44	34.44	300m:	3:53.63	1:20.27	600m:	7:52.65	1:18.89			
	100m:	1:13.38	38.94	400m:	5:13.68	1:20.05	700m:	9:13.28	1:20.63			
	200m:	2:33.36	1:19.98	500m:	6:33.76	1:20.08	800m:	10:31.47	1:18.19			
10.			2003 II							10:37.49	II	336
	50m:	33.46	33.46	300m:	3:53.93	1:20.55	600m:	7:54.27	1:20.42			
	100m:	1:12.30	38.84	400m:	5:14.54	1:20.61	700m:	9:15.71	1:21.44			
	200m:	2:33.38	1:21.08	500m:	6:33.85	1:19.31	800m:	10:37.49	1:21.78			
11.			2003	RedSwimClub						11:03.66	II	298
	50m:	35.26	35.26	300m:	4:02.99	1:24.92	600m:	8:18.82	1:24.28			
	100m:	1:15.05	39.79	400m:	5:28.58	1:25.59	700m:	9:44.72	1:25.90			
	200m:	2:38.07	1:23.02	500m:	6:54.54	1:25.96	800m:	11:03.66	1:18.94			

" (25)

"ALT-Timing"

- I IX
 , 18-20.02.2019

35, , 800m				(15-16)				R.T		
12.				2004	RedSwimClub			11:06.41	III	294
	50m:	33.16	33.16	300m:	3:54.62	1:23.23	600m:	8:14.54	1:27.92	
	100m:	1:11.29	38.13	400m:	5:19.76	1:25.14	700m:	9:42.25	1:27.71	
	200m:	2:31.39	1:20.10	500m:	6:46.62	1:26.86	800m:	11:06.41	1:24.16	

20.02.2019 36 , 800m (13-14)

: FINA 2018

								R.T		
1.				2005	-			9:09.03		665
	50m:	30.21	30.21	300m:	3:21.10	1:08.89	600m:	6:50.25	1:09.88	
	100m:	1:03.58	33.37	400m:	4:30.40	1:09.30	700m:	8:00.52	1:10.27	
	200m:	2:12.21	1:08.63	500m:	5:40.37	1:09.97	800m:	9:09.03	1:08.51	
2.				2006 I	-			9:32.76		586
	50m:	31.64	31.64	300m:	3:29.25	1:12.41	600m:	7:08.17	1:13.39	
	100m:	1:06.08	34.44	400m:	4:41.58	1:12.33	700m:	8:21.43	1:13.26	
	200m:	2:16.84	1:10.76	500m:	5:54.78	1:13.20	800m:	9:32.76	1:11.33	
3.				2006	-			9:35.82	I	576
	50m:	31.76	31.76	300m:	3:30.85	1:12.60	600m:	7:10.81	1:13.51	
	100m:	1:06.44	34.68	400m:	4:44.11	1:13.26	700m:	8:24.46	1:13.65	
	200m:	2:18.25	1:11.81	500m:	5:57.30	1:13.19	800m:	9:35.82	1:11.36	
4.				2006 II				10:46.19	II	408
	50m:	35.79	35.79	300m:	3:57.48	1:21.97	600m:	8:04.28	1:22.83	
	100m:	1:14.95	39.16	400m:	5:19.39	1:21.91	700m:	9:26.77	1:22.49	
	200m:	2:35.51	1:20.56	500m:	6:41.45	1:22.06	800m:	10:46.19	1:19.42	
5.				2006 II				11:23.08	II	345
	50m:	34.43	34.43	300m:	4:08.81	1:28.43	600m:	8:32.19	1:27.33	
	100m:	1:14.68	40.25	400m:	5:36.94	1:28.13	700m:	10:00.26	1:28.07	
	200m:	2:40.38	1:25.70	500m:	7:04.86	1:27.92	800m:	11:23.08	1:22.82	
6.				2006 II				11:28.80	II	337
	50m:	1:18.26	1:18.26	300m:	4:58.66	1:28.65	600m:	9:23.73	1:28.27	
	100m:	2:02.05	43.79	400m:	6:26.96	1:28.30	700m:	10:50.56	1:26.83	
	200m:	3:30.01	1:27.96	500m:	7:55.46	1:28.50	800m:	11:28.80	38.24	
7.				2006	RedSwimClub			11:57.34	III	298
	50m:	38.81	38.81	300m:	4:23.87	1:31.17	600m:	8:57.15	1:32.11	
	100m:	1:21.88	43.07	400m:	5:54.70	1:30.83	700m:	10:31.02	1:33.87	
	200m:	2:52.70	1:30.82	500m:	7:25.04	1:30.34	800m:	11:57.34	1:26.32	
8.				2006 III				12:22.18	III	269
	50m:	38.46	38.46	300m:	4:32.12	1:35.15	600m:	9:19.19	1:36.12	
	100m:	1:22.86	44.40	400m:	6:07.50	1:35.38	700m:	10:54.08	1:34.89	
	200m:	2:56.97	1:34.11	500m:	7:43.07	1:35.57	800m:	12:22.18	1:28.10	

" (25)

"ALT-Timing"